



**Functional Dry Needling Level 2  
Three Day Weekend Intensive  
Course Agenda**

**Day 1**

**8:00 am – 6:00 pm**

7:30-8:00	Registration
8:00-10:00	Introduction, Review Safety, CNT
11:00-12:30	Upper Quadrant Neuro
12:30-1:00	Forearm and Hand: Lecture and Lab
1:00-2:30	Lunch
2:30-3:30	Upper Quadrant Palpation Lab
3:30-5:30	Cervical Spine and TMJ: Lecture and Lab
5:30-6:00	Upper T/S and Para-Scapular: Lecture and Lab
	Wrap-up

**Day 2**

**8:00 am – 6:00 pm**

8:00-8:30	Questions
8:30-9:30	Movement Assessment (SFMA)
9:30-11:00	Shoulder Girdle and UE: Lecture and Lab
11:00-12:00	Upper Quadrant Case Studies
12:00-12:30	Lunch
12:30-1:30	Lower Quadrant Neuro
1:30-2:30	Lower Quadrant Palpation Lab
2:30-4:00	Thoracolumbar and Abdominals: Lecture and Lab
4:00-6:00	Advanced Hip and Pelvis: Lecture and Lab

**Day 3**

**8:00 am—4:00 pm**

8:00-9:00	Questions
9:00-10:30	Lower Leg: Lecture and Lab
10:30-12:00	Foot: Lecture and Lab
12:00-12:30	Lunch
12:30-2:30	Advanced Techniques Lab and Skill Check
2:30-3:30	Lower Quadrant Case Studies
3:30-4:00	Clinical Integration and Wrap-up

\*Practical Evaluation/Testing will be an ongoing part of all lab sessions.

\*\*Agenda may be altered as needed for course flow.