



KINETACORE

Functional Dry Needling Level 2 Two Day Weekend Intensive Course Agenda

Day 1

8:00 am – 6:00 pm

7:30-8:00	Registration
8:00-9:30	FDN Overview and Safety
9:30-10:30	Upper Quadrant Neuro
10:30-12:00	Forearm and Hand: Lecture and Lab
12:00-12:30	Lunch
12:30-2:30	Cervical Spine and TMJ: Lecture and Lab
2:30-4:30	Upper T/S and Para-Scapular: Lecture and Lab
4:30-6:00	Shoulder Girdle and UE: Lecture and Lab

Day 2

7:30 am – 5:30 pm

7:30-8:00	Questions
8:00-9:00	Lower Quadrant Neuro
9:00-10:00	Lower Quadrant Palpation Lab
10:00-11:30	Thoracolumbar and Abdominals: Lecture and Lab
11:30-12:00	Lunch
12:00-2:00	Advanced Hip and Pelvis: Lecture and Lab
2:00-3:30	Lower Leg: Lecture and Lab
3:30-5:00	Lower Leg: Lecture and Lab
5:00-5:30	Clinical Integration Wrap-up

Practical evaluation/testing will be an ongoing part of all lab sessions.

Agenda may be altered as needed for course flow.