



**ARIZONA STATE BOARD OF PHYSICAL THERAPY**  
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**HEIDI HERBST PAAKKONEN**  
Executive Director

August 26, 2008

Robin Bedingfield, P.T.  
Bedingfield P.T.  
14861 North Cave Creek Road  
Phoenix, AZ 85013

Dear Ms. Bedingfield:

Thank you for your letter dated June 26, 2008 regarding trigger point dry needling. The Board reviewed your letter at its meeting on August 26, 2008.

It is not the Board's practice to issue advisory opinions, however, the "practice of physical therapy" is defined in the Board's statutes at A.R.S. § 32-2001(11). A copy of the Board's statutes and rules can be found on its website at [www.ptboard.state.az.us](http://www.ptboard.state.az.us). Please feel free to contact me with any further questions.

Regards,

Heidi Herbst Paakkonen  
Executive Director